



PhaseTrust

Inspire | Equip | Transform

Autumn Term 2016

One of the blessings of this time of year is the chance it gives me to stop and reflect on the year coming to an end, but also to connect with you and thank you for your incredible support over 2016. Your prayers and financial support have certainly carried us through these economic times. An ever changing landscape of reducing budgets and with needs increasing around children and young people, with your help, Phase Trust has risen to the challenge.

There have been changes in staff too. We have been able to employ a new member of staff, Pete Barks, which has already opened up new doors and opportunities to reach and help those younger than 11, who need earlier support and age-appropriate interventions. We have seen our office manager recently go on maternity leave but God has provided more than ably with Nathalie.

We look forward to walking through 2017 with you all, trusting God for his continuing provision and favour, to see many more children and young people inspired, equipped and transformed through the work we do.

Have a blessed Christmas and a peaceful New Year

Jayne

Phase Trust Manager

Christian Youth Work Awards Nomination

In 2015 Phase Trust was nominated at the Christian Youth Work Awards; we then discovered the variety of categories available to recognise individuals' contributions to support our work. This year we decided to nominate a couple of people in different categories, with 100's of people being nominated we left it in the hands of the judges.

Each category is narrowed down to 3 nominees, who are then invited to go down to London for a three course dinner and enjoy the awards ceremony. This year we are proud to say that Chris Haddon made the shortlist for volunteer of the year 2016.

Chris attended Hub: Halesowen from 2002 and then has been volunteering since 2009, earlier this year Chris had a big change in his life and became a Christian, he now has a shared passion to let other young people experience God too.



Phase Trust Volunteer – Volunteer of the Year!

On Friday 11th November Chris and Tim attended the awards evening and celebrated Chris' journey and contribution. We are proud to say congratulations to Chris on winning Volunteer of the Year 2016!! And once again we would like to take this opportunity to thank all our volunteers to make the Hub youth clubs work!

Personal Development

We currently have five students engaging in secondary 1-2-1 support and four students engaging in primary 1-2-1 support. ID+ currently has three students

actively engaging in the program.

Interest in personal development support (1-2-1 support & ID+) has been massive from schools, colleges and outside agencies, which is fantastic, and we hope that these notes of interest develop into contact work.

We have also had the opportunity to train lecturers on how to support the health and well being of their students. This is an amazing opportunity to influence and pass on our expertise, and also to deliver this material across the whole BMET college network. This will make our training material accessible to over 60 lecturers.

Prayer

- That our contact with young people can increase through our 1-to-1 engagements and that we can meet potential demand if all students want to access this type of support.
- That the opportunity to deliver training to BMET lecturers will go well and that the staff feel supported and more equipped as a result.

Community Outreach

This term we have continued the work in our three youth centres within the Dudley Borough: Coseley, Russell's Hall and Halesowen. We have also had our detached team going out in Halesowen in partnership with West Midlands Police. The centres have all been attracting consistent numbers, reaching around 280 young people each week. We have welcomed the Fire Brigade down and in Halesowen opened up a new prayer space, in case any young people want to engage with that as an activity as well as the incredible facilities we have.

Prayer

- Thanks for the number of leaders getting involved with Hub: Halesowen, the growth in leaders has meant a growth in facilities and attendance. For volunteers for the two hubs in Coseley and Central, we have had a decline

in leaders from the churches we are connected to and really want to continue to build something within their communities.

- Secondly, for clear guidance to grow the Detached work when it relaunches after the winter.

Sexual Health

The sexual health work is going well! We are very busy going into different schools and colleges and meeting girls who need some support whether it's looking at self-esteem, relationships or sexual exploitation prevention! We're seeing girls on a 1-2-1 basis and in small groups depending on their level of need; the relationship and trust we're building up both with the schools and with the girls is great! It's amazing to be able to help and support these girls and to offer a listening ear and some advice!

Prayer

- For the specific individuals, for the girls that are vulnerable to child sexual exploitation and ask God to continue to guide us and give wisdom in working with these girls!
- For our ongoing relationships with schools, social care, respect yourself and other agencies we work closely with, so that we can work together to best support young people! (Sexual Health work)



Urban Culture

Mentoring within schools is going well! I am being stretched and challenged in terms of the sessions with different students and I am also able to challenge these students and I'm building good relationships with them. This has been really important with the

work I am doing as it shows students I care and allows students to become more open and honest with me about life and struggles they face within life.

The Think First programme has been delivered into another local school and went really well! It was the best year yet as proven by the level of engagement of the students and the response from staff who were part of the sessions being delivered.

Detached has been going really well but due to the cold, dark evenings, we have not come into contact with as many young people. Instead we have been prayer walking in the areas we do detached work.

Russell Hall youth club has been handed down to myself and it's been great to be given more responsibility. The young people are very challenging but are open to challenge and change. Although they find it hard to deal with consequences they are getting better and do like the leaders and talk and want a relationships with different leaders they come into contact with.

Prayer

- That Think First will continue to grow and be delivered into more school across the borough due to the growing issue of knife incidents within the area.
- For young people within the local surrounding areas and the positive/negative choices they find themselves making over the weekends.
- For young people to continue building good relationships with staff and know that staff are there for them to talk, trust and be open to conversation if needed.

Jenny Harrison is a practicing solicitor specialising in criminal defence and working with Riley Hayes Solicitors.

"I am currently mentoring young people who have tendencies to commit crime, those who have committed crime and those who are victims of crime. This involves working closely with police, parents and school staff.

I offer legal advice at a very basic level to help young people understand the consequences and impact of having a criminal record, caution and convictions. We discuss the criminal justice system, police and criminal evidence Act, sentencing guidelines and case law.

Some young people require additional support and I mentor them on a weekly basis, making referrals to other organisations and colleagues if I feel it will benefit the young person and help deter them away from crime."



Primary Stream

It has been awesome to continue the relationship I have built up previously with Old Hill Primary, St. Margaret's Hasbury Primary and Halesowen CofE Primary. This has included lunchtime and after school sports clubs, mentoring of individual's in each of the schools and some assemblies.

I have also recently started mentoring 3 separate individuals at Tenterfields Primary. It is great to be continuing the fantastic work Phase has already done in the school.

I had the great privilege to be part of the staff team for St. Margaret's Hasbury Year 5 and 6 residential at Astley Burf. This was a great opportunity to continue to work with the 46 children who attended, half of whom will be part of the Winning Mentality course we will do with Year 6 in the summer term 2017. It was also very helpful to spend some more time getting to know them.

Prayer

- That during mentoring, Pete would know when to listen and when to talk and what to say, to best serve the children he is working with.

- For the last few weeks of the Summer Hill Winning Mentality course, that the lads would make great progress and for preparations for the new sports clubs next term.

Sports Stream

This term I have delivered two 10 week lunchtime clubs. They have been KS2 girls' football and KS1 Multi skills club. The girls' football club was the most signed up for activity in the school's history, with over 40 children wanting to take part. There was a girls' football tournament related to the club where the team came 3rd out of 8 Halesowen based teams. We will have a multi skills competition against 15 other Halesowen based teams before the end of term. I have delivered a 10 week after schools KS2 football club at Halesowen CofE Primary School.

It has been a real blessing to have Lauren Miles assisting me with all of the sports clubs. Lauren is a Zion Christian centre Equip Gap year worker under the Children's and family department. She has been a great asset and she is also getting some valuable coaching experience at the same time.

Winning Mentality Programme

We have recently completed a 6 week 'transition Winning Mentality course' at Halesowen CofE Primary School. It was a great course with a class of 23 Year 6 pupils.

Rebs and I are reaching the end of a new type of Winning Mentality course we have been delivering at Summer Hill Secondary School. We have been running the course over a lunchtime for a mixed group of Year 7, 8 and 9s. The course has been designed to help this group of lads function better at break and lunchtimes.

Spiritual Development

We are currently looking at how we enhance the Spiritual Development aspect of our work, both within the team and in our schools and communities. We are aiming to create a new culture within the staff to be praying for each other and the work that we are doing. We are looking to deliver assemblies with a Christian message, working with schools to help with their spiritual development.

We are currently in one school, in partnership with Zion Christian Centre, offering an after school Christian Union called Fusion. Since the beginning of the year it has grown from 5 to 20 young people now attending regularly on a Monday.

Across all the different Hubs we do across the week we can face many different challenges and successes but one thing that has really been on our heart is **Ephesians 6 v 12: *For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.***

Prayer

- For the young people coming to our Hub Youth Clubs and for the Youth Alpha we are starting at Hub Central after the February half term.



On Ya Bike

During National Sports Week, on 20th and 21st June, our team and a few friends embarked on a bit of charity fundraising as well as a team fitness challenge in the guise of a very long

bike ride!

With the aim of raising awareness of Phase Trust and the work we do with young people, we cycled 1041 miles around the five townships: Stourbridge, Halesowen, Brierley Hill, Dudley Central and Dudley North, visiting secondary schools en route. We did this not only to raise money to help us to meet the needs of more young people, but also to highlight the importance of their health and well-being. As well as cycling around the Borough, we took over a space in Halesowen town centre with static bikes - there was a great community vibe as members of the public got involved too!

Schools were happy to nominate teachers or students to pose for photos with our Phase Trust cyclists and also donated money.

We raised an amazing £1,100!! Thank you to everyone who supported us.



Thank you to all of you who support Phase. Whether you pray for us, financially give to us, volunteer time with us or just say a friendly hello, your support is invaluable to the work we do. Whilst we create the headlines, without our team of faithful volunteers our work would not be possible.

If you want to get involved in volunteering with Phase Trust don't hesitate to give us a call.

Support Phase Trust

Many people support the work of Phase Trust financially, either with one off gifts or a monthly donation. If you feel that you would like to offer support in this way then please contact us. You can do this by email us on: info@phasetrust.org.uk, calling us on 0121 5859419 or clicking the donate button on our website www.phasetrust.org.uk

The Phase Trust Staff Team



The Board of Trustees

Leon Evans (Chairman) - Lesley Ball (Secretary) - Sarah Fung (Secretary)
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